U of M psychology professor Patricia A. Frazier and her students research the effects of trauma on people. They monitor more than 1,500 students, some of whom experience traumatic events during the course of the study. Their data suggests that most survivors of trauma report some kind of personal growth, or good, that has arisen from their experience, such as appreciating life more. It appears pain can have positive side effects. So the search continues. Learn more at umn.edu.